

Risk area:

GYMNASTICS SESSIONS

Assessment performed by:	<i>John Smith – Coach</i>
Workplace:	<i>EXAMPLE</i>
Employer:	

Some Potential Hazards in this Risk Area	Estimated Risk Level			Some Useful Controls in this Risk Area	Action Dated
	High	Med.	Low		
1. Participants falling off equipment			X	1. Participants are taught to be safety conscious and the importance of using the equipment safely.	
2. Failure of equipment			X	2. Equipment is of good quality. It is serviced regularly and is also inspected by the coaches before each use.	
3. Participants falling against objects			X	3. Apparatus are sited away from overhanging or protruding objects.	
4. Collisions			X	4. Too many participants are not permitted at any time.	
5. Sprains and other injuries		X		5. Participants are not permitted to use apparatus in an inappropriate way. They are also not permitted to perform any move which has not been taught to them. They are only allowed to use the equipment when a trained instructor is present.	
6. Exercise induced asthma		X		6. Those at risk should have their inhaler with them and they or their care worker should know how to use it.	
7. Slipping on gym floor due to only having socks on feet		X		7. Participants are expected to wait patiently whilst going around the apparatus, and Running around the gym between turns is not permitted.	

Identifiable hazards have been ticked (✓) the level of risk indicated, and actionable controls to minimise risk described.